



Specialist Registrar Training Public Health Palliative Care

Why is the Specialist Registrar Training needed?

Public health approaches to palliative and end of life care have been developing over the past 25 years. 2022 will see the publication of the First Oxford Textbook of Public Health Palliative Care. This covers the six topic areas of

1. The case for the public health approach
2. Basic concepts and theory
3. Basic practice methods
4. Population based approaches
5. Evidence base
6. Education and training

The basis for the public health approach draws on the theory, evidence base and practice methods of public health, including community engagement and development, prevention, harm reduction and early intervention.

With the increasing relevance of its application, the training curriculum for Specialist Registrars in palliative care in the UK now includes the public health approach, woven into a number of different aspects of training. In order to help trainees meet the learning requirements of the curriculum, Compassionate Communities UK has developed an educational module covering all the required areas.

What does the training involve?

Broad learning outcome for trainees

Understand the theoretical basis for public health palliative care and be able to utilise these principles in clinical practice.

Descriptors

1. Develop a theoretical basis of the history and practice of public health palliative care
2. Apply the principles of public health palliative care in clinical practice
3. Understand the context of death, dying, loss and care giving as a social experience which has medical aspects
4. Understand that death, dying, loss and care giving has positive outcomes in addition to sadness and loss.
5. Understand that a population based approach gives a different perspective to service provision, particularly where access to services is unequal.
6. Be able to plan services which provide equity of access.

Specialist Registrar training will have 3 different delivery modes.

1. There will be a training day, delivered in person if possible
2. A series of four 1 hour lectures

3. The practice and application of clinical skills that will be reviewed as part of a group 2 hour workshop, delivered either online or in person.

Training day format

5 lectures, 40 minutes of lecture and 20 minutes of discussion

1. Community, circles of care, relationships and health
2. Health promotion, harm reduction, early intervention
3. Compassionate City Charter
4. Positive and negative outcomes
5. Clinical compassionate community skills

Lecture series

1. Vulnerable groups and equity
2. Bereavement
3. Service redesign
4. Research methods

2 hour Workshop on compassionate community skills to discuss experiences and outcomes of putting them into the clinical setting.

Who delivers the training?

Professor Allan Kellehear – Clinical Professor, University of Vermont, USA

Dr Julian Abel – Director, Compassionate Communities UK

Dr Libby Sallnow, Consultant in Palliative Medicine, Camden, Islington ELiPSe and UCLH & HCA Palliative Care Service

Dr Joseph Sawyer, SpR Palliative Care and PhD candidate, UCLH

Dr Kerrie Noonan, Director, Death Literacy Institute, Australia

The training will be delivered initially online with the intention of developing face to face regional training days. The individual lectures will all be on line.

Cost

£500 per person, maximum of 30 people in a single course.